



# Paint 'n' Palette Newsletter #476

## SEPTEMBER 2026



**President**  
**Jan Schuster-Callus**

### From the PRESIDENT'S desk

August wasn't very easy on a personal side, and I thank our team that stepped in and helped out, our beautiful flowers/cards/love that was sent.

September is looking to be busy, our Jane Wray Workshop is fully booked, if still interested, there is a waiting list.

Another positive, our classes last month picked up and are going well. Demo night with Josefia Lemon was particularly engaging.

Now is the time to decide on what you would like to enter into our Annual Art Show in the first weekend in November. Time to start/finish up your masterpieces.

Our committee is dedicated to help to make it another great success, we will be having a few demonstrations in framing and presentation. We will be very

diligent at Bump In, no damaged/dirty frames, ready to hang with string or plastic coated plastic cord etc. The backs need to be professionally finished off. Any questions, ask a committee member.

Our Life Drawing class this week, got me thinking of the importance of LD. I thought I would share a few points.

When studying a real person, you learn to see true proportions, angles, and lighting instead of drawing what you *think* is there and with regular practice you build a deep understanding of muscle structure, bone landmarks, and how bodies move and bend.

With short quick poses, you are forced to move your hand fast and make confident, decisive marks. It teaches you how to simplify complex shapes and capture the essence of a pose

very quickly. You need total concentration, which gives your mind a healthy break from daily stress. I enjoy listening to Jazz or the Blues, but some like it quiet.

Basically, drawing a live person teaches you to see true depth, form, and shifting shadows in ways a flat photograph cannot capture.

Our classes are held on the 4<sup>th</sup> Thursday of the month at The School of Arts. Give it a go.

**PASTEL WORKSHOP**  
**With JANE WRAY**  
**Saturday 19<sup>th</sup> September**  
**Due to last minute**  
**cancellations**  
**We have 2 spaces available**  
**Contact Wren: 0404 867 838**

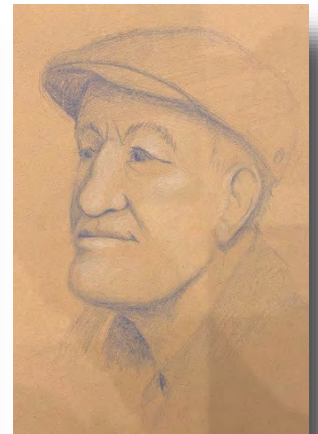
## SEPTEMBER 2026 CALENDAR OF EVENTS

| DAY:     | DATE                       | ACTIVITY      | VENUE      | TIME    | GUEST ARTIST/<br>CO-ORDINATOR |
|----------|----------------------------|---------------|------------|---------|-------------------------------|
| TUESDAY  | 1 <sup>ST</sup> SEPTEMBER  | SKETCHABITLY  | KOGARAH    | 2.00PM  | DON & JILLIAN                 |
| THURSDAY | 3 <sup>RD</sup> SEPTEMBER  | CRITIQUE      | RAMSGATE   | 6.30PM  | TRISH MACLACHLAN              |
| TUESDAY  | 8 <sup>TH</sup> SEPTEMBER  | ARTABILITY    | KOGARAH    | 2.00PM  | ANGELA ILIADIS                |
| THURSDAY | 10 <sup>TH</sup> SEPTEMBER | PORTRAITURE   | KOGARAH    | 6.30PM  | JILLIAN JESSEN                |
| TUESDAY  | 15 <sup>TH</sup> SEPTEMBER | ARTABILITY    | KOGARAH    | 2.00PM  | ANGELA ILIADIS                |
| THURSDAY | 17 <sup>H</sup> SEPTEMBER  | DEMONSTRATION | KOGARAH    | 6.30PM  | TRISH MACLACHLAN              |
| SATURDAY | 19 <sup>TH</sup> SEPTEMBER | WORKSHOP      | CARRS PARK | 10.00AM | JANE WRAY                     |
| TUESDAY  | 22 <sup>TH</sup> SEPTEMBER | ARTABILITY    | KOGARAH    | 2.00PM  | ANGELA ILIADIS                |
| THURSDAY | 24 <sup>TH</sup> SEPTEMBER | LIFE DRAWING  | KOGARAH    | 10.00AM | JAN SCHUSTER-CALLUS           |
| THURSDAY | 24 <sup>H</sup> SEPTEMBER  | WATERCOLOUR   | RAMSGATE   | 6.00PM  | TRISH MACLACHLAN              |
| TUESDAY  | 29 <sup>TH</sup> SEPTEMBER | SKETCHABILITY | KOGARAH    | 2.00 PM | DON & JILLIAN                 |



PORTRAITURE was very enjoyable on Thursday evening and our own Jim West was our model. Jim has a great appearance with lots of character and interesting features that really challenged us all. It is so interesting to see the different interpretations and mediums used by the group, also from the varied viewpoints of the model as will be seen from the pictures included. Anyone that is interested in attempting portraiture is most welcome on the second Thursday of the month from 6.30 pm to 8.30 pm., using whatever medium is preferred.

Next month Karen Scott will be our model, so keep this activity in mind for September.



## ***Morning Tea***

Morning Tea is at Bay Breeze  
Café, downstairs at the  
**St George Motor Boat  
Club**  
**Saturday 26th October**  
**at 10am**

*Pease advise Mirna*  
**0431829900**

*if would like to  
join us.*



## **Wednesday Morning Art Class**

**By Angela Iliadis**

**St George Creative Art and Craft  
Centre (Old Pole Depot).**

**The class runs for 10 weeks per the  
NSW school terms dates.**



**23 St Georges Road Penshurst NSW 2222.**

**All inquiries should be made to me directly and not to the centre.**

**Contact: [angela\\_iliadis@hotmail.com](mailto:angela_iliadis@hotmail.com)**



Liliana received Jillian's award for the Homework Challenge .  
Jillian sets a challenge every month.  
Don't forget to check for this month's challenge.



Julie Agnew was the People's Choice winner with a unanimous vote. The perspective and pencil work was amazing.



Everyone worked on their own compositions and received feedback from Angela ILIADIS



## THE TRAVELLING ARTIST

*We invite you to share your travel sketches and their stories and we hope to include some of these in future monthly Paint 'n Palette newsletters.*

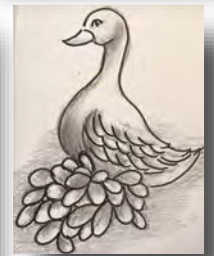
*Please include a short explanation of the location, when you visited, what this work meant to you, how you executed this work- e.g. in situ/or later, materials used. We look forward to your contributions.*

**Please send articles to Email:**  
**[st.george.art.society@gmail.com](mailto:st.george.art.society@gmail.com)**



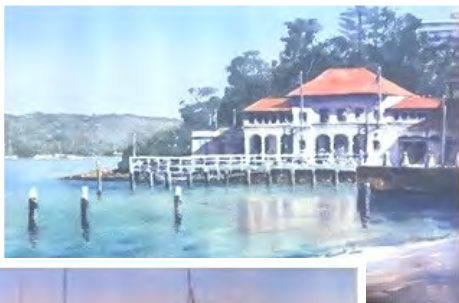
SKETCHABILITY again produced some great sketches by those present. By popular selection, Still Life was again the subject as so much can be learned by just drawing shapes and shadows, eclipses, etc. From the work shown, this is evident and everyone really enjoyed the session and requested more at the end of the month at the second Sketchability group held Tuesday, 25th August, 2026 from 2pm to 4pm.

As "Still Life" is the subject for this month's CHALLENGE, it provided practice for whatever masterpiece will be produced as a result. *Happy Sketching.*



## THIS MONTHS DEMONSTRATION AND CRITIQUE TRISH MACLACHLAN

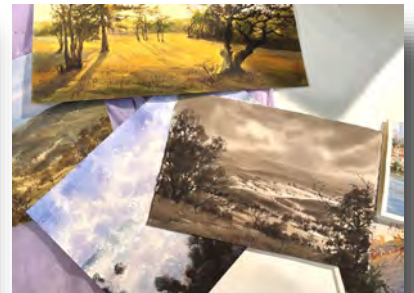
Our guest artist for critique and demonstration this month is Trish, who is our resident watercolour tutor who's class is on the fourth Thursday of every month at Ramsgate RSL.



I have always felt drawn to watercolour paintings and about 15 years ago decided to give more time to pursuing my journey in this delightful medium. I love its freshness, transparency, spontaneity, challenge and surprise.

I have given a number of workshops and currently teach a watercolour class at the Royal Art Society of NSW where I exhibit as an Associate Member.

## August Demonstration by Josefia Lemon



Our Demonstration artist for August, Josefia Lemon, once again, transformed the white sheet of paper to a beautiful watercolour masterpiece. Josefia is such a confident and talented artist. We have included a few of her collections showing her broad range of skill. We are looking to invite Josefia to do a workshop with us in 2027. Keep an eye out for details early next year.



## MONTHLY “HOMEWORK CHALLENGE” Sketch

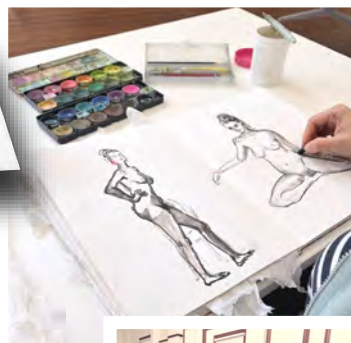


THE CHALLENGE for this month is very informative and complex. I have used an actual painting I have done so there is a lot more detail not usually in a sketch. What can be difficult is showing the foreground and then the distant trees foreground and background remembering to use cooler colours as the painting recedes.

As usual any size, medium and colours can be used but you will notice the light is coming from the RIGHT and it is very strong. You can interpret the scene in any way if you desire, but the “Star” is the big gum tree. The leaves and canopies are clearly defined. This is a BIG CHALLENGE but lots of fun.

If you participate in this, it will require the presentation by you or delivery by a friend of your unframed/unmounted artwork at the Critique Night held at the Ramsgate RSL Club, commencing at 6.30pm, on the first Thursday of each month where the Winner will be selected Join in and have some fun and participation in the “CHALLENGE”.

Please remember to also bring your latest work to be critiqued.



Our Model Lu Lu was a joy to draw, our artists really did well. Her poses were delicate and beautiful to draw. Time goes so quickly.

***If you are exhibiting, or won an award, please let us know. We would love to promote your artistic adventure.***

## Art for the Soul Gallery - Studio

### Art and photography sales

Upcoming art as therapy group workshops

Multi award winning artist and tutor  
Denise Kassis 0420 740 552



By

Photographer Susan Williams (née Kearney)

Contact: Denise for opening times and for appointments,  
4/199-201 Burraneer Bay Road Carlingbah South 2229

Email: [denise@kassis.com.au](mailto:denise@kassis.com.au)

Facebook: Art for the Soul Instagram: [denisekk\\_gallery](https://www.instagram.com/denisekk_gallery)

**Combined Art Societies of Sydney Inc.**

## 35th Art of Sydney Awards Exhibition

**Thursday 21st to Sunday 31st January 2027**

Official opening and awards night Thursday 21st from 7pm

Entry details will be released to Societies in September 2026.

**Garden Gallery in the Royal Botanic Gardens, Sydney.**

Sponsored by Combined Art Societies of Sydney Inc  
Judge: Mr David Hinchliffe.



"In the August watercolour class we painted an old house in Berrima. The subject provided a great opportunity to paint a very dark shaded area under the verandah, at the same time indicating some light there and imagining what lay within."

## Morning Tea



Morning tea at the Motor Boat Club is always a great way to catch up with like minded friends

## STGEORGE Art SOCIETY INC FOR THE ENCOURAGEMENT OF ART

### MONTHLY ACTIVITIES

**1st Thursday Evening - Art Critique 6.30pm Ramsgate RSL**  
Members may bring 2 unframed artworks for appraisal by a guest artist

**2nd Thursday - Portraiture 6.30pm Kogarah School of Arts**  
Professional model. Bring your own art materials - easels & tables supplied

**Every Tuesday 2.00pm - 4.00pm Kogarah School of Arts**  
**SketchAbility/ArtAbility**  
Series of art classes led by experienced artists

**3rd Thursday Evening - Demonstration 6.30pm**  
**Kogarah School of Arts**  
Invited artists demonstrate their technique and expertise.

**4th Thursday morning - Life drawing 10am - 12pm**  
**Kogarah School of Arts**  
Professional model. Bring you own art materials - easels & tables supplied.

**4th Thursday Evening - Watercolour Class 6.30pm**  
**Ramsgate RSL**  
Instruction and guidance by an experienced Tutor.  
Bring your own art materials.

Members meet for the activities listed above at:  
**Kogarah School of Arts, Cnr Queens Ave & Bowns Rd Kogarah NSW 2217 and**  
**Ramsgate RSL, Cnr Ramsgate Road and Chuter Avenue Sans Souci NSW 2217**

Contact: Jillian 0407 066 621

E [st.george.art.society@gmail.com](mailto:st.george.art.society@gmail.com)

W: [www.stgeorgeartsociety.com.au](http://www.stgeorgeartsociety.com.au)

*Visitors are welcome*

# SGAS SPONSORS



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MINNS MP**

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MEMBER FOR KOGARAH**



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**MARK COURE MP**  
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Member For Barton

**Zhi Soon - Member For Banks**

**Arthur Tilley & Family**

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**Emil & Voulette Dan**

**Ross Upton & Family**



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REAL ESTATE AGENCY

**Jillian Jessen - SGAS**

*Supported by Georges River Council's Venue Hire Grants program*



**STGEORGE Art SOCIETY INC**  
FOR THE ENCOURAGEMENT OF ART

PO BOX 4133 KOGARAH BAY NSW 2218

PRESIDENT: Jan Schuster-Callus T: 0410 690607

E: [st.george.art.society@gmail.com](mailto:st.george.art.society@gmail.com) W: [www.stgeorgeartsociety.com.au](http://www.stgeorgeartsociety.com.au)

Editor: Julie Agnew

